

# CVMS

March 8, 2024

# NEWSLETTER

## From the Principal

Good afternoon, Bobcat Families!

Where do I even begin? This week was Spirit Week and I was blown away by the positive energy on campus this week. Watching our Bobcats run the Amazing Race, pedal their way to victory in the Bobcat 500, and test their skills in our Friday Carnival was so much fun. This week really drove home the value of school connectedness and got me thinking about how to bring this same energy to campus beyond Spirit Week.

I am proud announce that our CVMS Music students had an outstanding performance at their competition on Friday. Chamber Orchestra and Wind Ensemble won gold ratings, and our Symphonic band, Bobcat Band, and Bobcat Orchestra earned Silver ratings! Congratulations to all of our amazing Music students!

Finally, one last shout out to our Girls Field Hockey team for taking home the championship last night. We appreciate the partnership with the Boys and Girls Club to provide athletics to our Bobcats and are proud of their success!

Have a great weekend. Go Bobcats! Grrrrr...

Adam Bishop  
Interim Principal

## Upcoming Events

- 3/11 Late Start
- 3/14 Pi Day
- 3/14 Variety Show 5:30-7:30
- 3/15 ISPE Window Closes
- 3/19 No Place for Hate Event
- 3/19-22 Basketball Tournament at lunch
- 3/19 End of 3rd Quarter
- 3/21-22 Coffee Concerts for Music Parents/Grandparents
- 3/22 CVMS Band playing the National Anthem at SD Gull

Every Tues/Thurs:  
Academic Power Hour  
(tutoring) in the Learning  
Commons



## Donate to CVMS

Thank you to everyone who has already donated. If you haven't please consider donating to Carmel Valley Middle School! Every dollar helps support programs on campus!

[cvmsptsa.square.site/fundraiser](https://cvmsptsa.square.site/fundraiser)



Follow us on Instagram @CVMSBobcats\_Official

# ASSISTANT PRINCIPAL'S MESSAGE

Carmel Valley Middle School Families,

Your input is important and we want to provide you a safe space to anonymously share your perspectives. SDUHSD is gathering feedback on your perceptions of and experiences at school to improve how we serve and support all students, staff, families, and our community.

We ask that you take a few minutes to provide your input by taking the California School Parent Survey. The survey will be open from Friday, March 1 through Friday, March 15. The survey is anonymous and hosted by a third party, WestEd in partnership with CalSCHLS.

We will use the results of this survey as well as the California Healthy Kids Survey and the California School Staff Survey to set or confirm district priorities, identify focused areas for improvement, and evaluate our programs, policies, and practices for the coming school years.

[Carmel Valley Middle School](#)

Thank you!

Sincerely,  
Nathan Molina  
Assistant Principal

## COUNSELOR'S CORNER

The third quarter will end on March 19th. This is a great time to have a discussion with your Bobcat about finishing the year strong, both academically and socially, as well as persevering through until the end of the school year!

Seventh grade families- we are still missing a significant number of course selection forms. Please be sure that your student has either brought theirs to school or it has been emailed to us using the designated email. The AERIES online portion has now closed, so it is very important that we get those forms in so that counselors can use them to fill in missing courses.

Eighth grade families- please don't forget to return your 9th grade registration paperwork to your high school this week- see your high school's information for dates/times. This is a great opportunity to ask questions of high school staff if you have any regarding courses or the registration process.

Rady Children's Hospital is hosting a webinar on March 13 from 5:30-6:30 entitled "[From Darkness to Light: A Parent's Guide to Recognizing and Responding to Youth Depression.](#)" There is no cost, but you do need to register. For more information, registration and previews for the April and May Webinars, please click on the link.

Harvard University's Making Caring Common Project is also sponsoring the [Supporting Mental Health of Teens in Your Life](#), no cost webinars on March 18th and April 24th. Please use the link for more information and registration.



Follow us on Instagram @CVMSBobcats\_Official



# ASB & GENERAL NEWS



## **ASB Events.**

Today we wrapped up spirit week with the annual carnival! It was so much fun! Thank you to all the parent volunteers! We couldn't have done it without you!

Be on the lookout for CVMS's March Madness Basketball tournament coming 3/18-22/2024. Sign Ups will be the week before (3/11-15) on the outdoor stage at lunch.

**Yearbooks!! We only have 50 remaining to sell** - go to [Jostens.com](https://www.jostens.com) to buy yours today!

Yearbook wants your amazing photos! We would love your best photo of your Bobcat spirit! Please submit photos [here](#). You can also email them to [cyearbook@sduhsd.net](mailto:cyearbook@sduhsd.net)



FOLLOW US ON INSTAGRAM @CVMSBOBCATS\_OFFICIAL

# PTSA NEWS



Parents of 8th grade students, some of you may have already attended the high school tours with your students in preparation for next year. Here is a link with the high school selection and enrollment information & deadlines:

<https://www.sduhsd.net/Parents--Students/Student-Resources/High-School-Selection/index.html>

The CVMS PTSA Membership Drive has started! By joining the CVMS PTSA, your dues support our school and students. PTSA members can vote on the PTSA budget and PTSA Board Officers. Memberships are \$25 per person. Joining the PTSA does not mean you are obligated to volunteer or make other commitments at our school. To sign up for a PTSA Membership visit: [PTSA Membership](#).

Shop to Support - In addition to our annual fundraiser that is coming up, there are other easy ways you can support CVMS every day. Shop these retailers and the CVMS PTSA receives donations when you make a purchase.

Ralphs Community Contribution Program – link your Ralphs card account and they will send a donation every time you swipe your card. [Click here](#) for instructions.

# CVMS MUSIC BOOSTERS



The Carmel Valley Middle School band will perform the National Anthem at the SD Gulls game on Friday, March 22nd. The game starts at 7 - doors open at 6 p.m. Tickets are \$20 each and 20% of the proceeds will be returned to the CVMS music program. Click [here](#) to get your tickets today.

Volunteers: The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Please consider a tax deductible [donation](#) to our Music Department! Your generosity ensures a robust music program like no other for this year and beyond!



FOLLOW US ON INSTAGRAM @CVMSBOBCATS\_OFFICIAL

# RESOURCES AND LINKS

[CVMS Website](#)  
[CVMS Calendar](#)  
[CVMS PTSA](#)

[CVMS Bell Schedule](#)  
[SDUHSD Website](#)

Carmel Valley Middle School  
3800 Mykonos Lane  
San Diego, CA 92130

Website: [cv.sduhsd.net](http://cv.sduhsd.net)  
Phone: 858-481-8221  
Fax: 858-481-8256

## REPEATED NEWS

**Senator Catherine Blakespear invites you** to learn more about the **Fentanyl Crisis** that is occurring in our communities a Town Hall she is hosting on Thursday, March 20, 6:00-7:30 PM at MiraCosta College, San Elijo Campus at 3333 Manchester Ave. in Cardiff by the Sea. Our best defense against this life-threatening drug is knowledge and prevention.

District Attorney Summer Stephan will be sharing information about efforts she and her colleagues at the county and in law enforcement are making to decrease the supply of this drug, hold dealers accountable and to educate young people about it. Our local Fire Chief, Josh Gordon will address the issue as first responders in our communities who come face-to-face with the consequences of this drug. Please [RSVP](#)

### **National School Breakfast Week - March 4-8**

The theme this year is: "Surf's Up with School Breakfast. For more information [click here](#).

**PE & Spiritwear:** PE clothing & spiritwear items are still on sale at the Finance Window or through the CVMS webstore [link](#). New reversible sweatshirts in new colors are available.

### **Carmel Valley Library Information**

February [Youth Buzz](#)

[2024 Winter Reading challenge](#)

Job Opportunity at CVMS: We have a job opportunity for a part-time Campus Supervisor at Carmel Valley Middle School. The hours are 11:06 a.m. to 3:00 p.m. Monday-Friday.

Please visit the job posting for more information:  
[Click here](#)



Follow us on Instagram @CVMSBobcats\_Officiall

# Message from the Superintendent's Office

Good Afternoon SDUHSD Community,

As we begin the second half of the school year, I extend my sincere appreciation for your unwavering support and involvement in our educational community. I am pleased to share that the SDUHSD District Office modernization project has reached completion. Our district office, located at 710 Encinitas Boulevard, is now open for operations from 8:00 am to 4:30 pm.

At our board meeting this week, we received an annual update from Pacific Trails Middle School and an overview presentation of the SDUHSD student performance data as summarized on the California Dashboard. Overall, we have a lot to celebrate.

- Our students continue to have high levels of academic achievement.
- Our high schools have very high graduation rates, and our middle schools have seen a decline in chronic absenteeism.

As we move forward and use the Dashboard to inform our Local Control Accountability Plan (LCAP), we are going to be paying close attention to specialized student groups.

## Additional Board Meeting Highlights

**Aquatics Facility at Torrey Pines:** The Board stated its intent to build an aquatics facility at Torrey Pines High School and directed the Superintendent to collaborate with staff and the community to present details about how to fund and accomplish this project.

**Governance Handbook:** This is a document that is agreed upon by the Superintendent and all five members of the Board of Education which outlines how the team will work together.

Approval of this handbook, a first for SDUHSD, is a reflection of the governance team's commitment to working effectively in a way that best benefits all students.

As Superintendent, together with the Governing Board, we are united in providing a high-quality education for each and every student to demonstrate academic growth and optimize individual potential.

Additional information on all items from this week's Board agenda can be found on the district website or directly [here](#).

We appreciate your ongoing support of SDUHSD students and look forward to a successful second half of the school year together.

Sincerely,

Anne Staffieri, Ed.D.